

### **Web Bio - Third Person**

Arria Deepwater is a writer, speaker and intuitive healer, who makes her own chocolate bars and harbours a (possibly unhealthy) fixation with tiny houses. Using she/they pronouns, Arria identifies as queer, invisibly disabled, white, mostly-female, feminist, and faithfully middle aged.

Between the mid-nineties and 2011'ish Arria worked as an intuitive channeller and energy healer, produced and managed a successful holistic health fair and live variety shows, developed and hosted a community radio program, and performed spoken word, comedy and a wee bit of dance on stage. They also studied to be a New Thought minister — a path that morphed into writing a book on spiritual development called “Love Threshold: Practicing the Art of Choosing Love in Every Moment,” then touring with it as a speaker and teacher.

Like so many others, Arria was ultimately called to a mystical path through the portal of healing a broken relationship with a body experiencing disabling chronic illness and childhood trauma — but would have ended up there one way or another. Born a spiritual misfit, Arria seriously considered becoming a nun at the age of eight, but that's just because there weren't any pagan priestesses around ... that she knew of.

In 2012, illness and disability called Arria deeper than it ever had before: into a decade of radical rest and learning new expressions of kindness within and to the body. Since that time Arria has spiralled back into a life-long love of writing and has committed to deepening the capacity to hospice the modern world — growing into the role of crone, showing up for those seeking a meaning and support within diverse bodies and troubled times.



### **Web Bio - First Person**

Hello. I'm Arria Deepwater, a writer, speaker and intuitive healer, who makes my own chocolate bars and harbours a (possibly unhealthy) fixation with tiny houses. I use she/they pronouns and identify as queer, invisibly disabled, white, mostly-female, feminist, and faithfully middle aged.

Between the mid-nineties and 2011'ish I worked as an intuitive channeller and energy healer, produced and managed a successful holistic health fair as well as live variety shows, developed and hosted a community radio program, and performed spoken word, comedy and a wee bit of dance on stage. I also studied to be a New Thought minister — a path that morphed into writing a book on spiritual development called “Love Threshold: Practicing the Art of Choosing Love in Every Moment,” which I (sort of) toured with as a speaker and teacher.

Like so many others, I was ultimately called to a mystical path through the portal of healing a broken relationship with my body and soul — but would have ended up there one way or another. I was born a spiritual misfit. At the age of eight, I seriously considered becoming a nun, but that's just because there weren't any pagan priestesses around ... that I knew of.

In 2012, illness and disability called me deeper than it ever had before: into a decade of radical rest and learning new expressions of kindness within and to my body. Since that time I have spiralled into to my life-long love of writing and committed to deepening my capacity to hospice the modern world — growing into the role of crone, showing up for those seeking meaning and support within diverse bodies and troubled times.